

P E T P A L S

Pitter Patter Newsletter

October 2016

Thank You, Cindy Ziegenhorn!



P.E.T. P.A.L.S. members met to say thank you and good-bye to Cindy Ziegenhorn. Pictured in back from left to right are Sue Lund, Lori McNamee, Jon McNamee, Arlene Prather-O'Kane, Rachelle Yousefi, Marcy Seible, Cindy Ziegenhorn, Rita Lynn, Gloria Fink, Terry Hertges, Sally Wetherell, and Bette Nee. In front from left are Susan Trower and Diane Hensley.

P.E.T. P.A.L.S. is losing one of its most dedicated and involved volunteers. For over 30 years, Cindy Ziegenhorn served our organization in many ways. She was involved when we had to reorganize in the nineties and continued to "wear many hats" in helping us to grow and develop.

Cindy served as secretary/treasurer along with heading the temperament evaluation team. Of course, in addition to being a long-time board member, she always helped organize booths, our volunteer appreciation dinner, and other events.

She and her husband, Steve, have moved to Des Moines to be closer to their daughters and care for their grandchildren. Thank you, Cindy, for always being there for us. We will miss you and wish you the best!

Pet Cemetery

P.E.T.P.A.L.S. has two areas at the Cedar Bend Humane Society designated for the burial of animals who served in P.E.T.P.A.L.S. Each section has figures and plaques that were donated to serve as memorials to our pets. Regular Humane Society fees apply to burials.

Sue Lund and Linda Wolfe are in the process of lifting the cement markers in the cemetery, many of which are sunken and overgrown. Sue said, "It's a tedious job, but it will be worth the effort when completed."

A plaque at the Humane Society lists P.E.T.P.A.L.S. animals who have died, the year, and their owners. If you know of an animal that needs to be added, please contact Sue Lund at 233-3624.



Pinnacle resident, Carol Engel is the first person to greet Kiwi the cat on visiting days.

Spotlight: Pinnacle Specialty Care

Three P.E.T.P.A.L.S. members and their pets visit Pinnacle Specialty Care, formerly known as Windsor Care Center. They are Diane Hensley and her cats, Kiwi and Koji, Denise Sears and her dog, Molly, and Jennifer Hoelscher and her dog, Isabelle.

Corrina Coverdale, P.E.T.P.A.L.S. team leader at Pinnacle, and her dog, Buddy, visited residents and staff for 8 years and experienced a lot of special memories. Buddy retired this past December due to age-related health problems.

Corrina shared, "Many of the residents have said they miss him very much and I miss sharing him with them. I continue to serve as team leader of Pinnacle to help other volunteers and their pets get started in visiting. They really look forward to the new animals and volunteers coming to see them." Angie Crawford, a staff member, echoed that statement, saying, "The residents light up when a pet comes in the room."

Pinnacle Specialty Care, located at 1223 Prairie View Road in Cedar Falls, opened on September 1, 2016. They offer rehabilitation services, skilled nursing care and long term care.

Upcoming Events

Mark your calendars for these P.E.T.P.A.L.S. events:

- UNI Finals Week "De-Stress" Days — December 7, 8, 9, 12, 13, and 14, 2016
- Pizza Ranch Fundraiser — Wednesday, December 21, 2016
- Volunteer Appreciation Banquet — Monday, October 23, 2017 at the Waterloo Center for the Arts.

A Friendly Reminder

When P.E.T. P.A.L.S. shirts wear out or you no longer visit, please do not donate them to charities, sell at garage sales, etc. People wearing our shirts and their animals represent our organization, and we want to ensure the community continues to view us in a positive way.

Saying Good-Bye

Two former P.E.T. P.A.L.S. members have passed away. We remember them for their involvement and dedication to our organization.

Rose Marie deRuitter joined P.E.T. P.A.L.S. with her husband, Jan. They actively visited a couple of different sites for many years with the longest being at Covenant Rehabilitation. The couple were well-known for adopting older dogs from RAGOM, an adoption program for golden retrievers. Many of these dogs became wonderful visitors for our program.

Andrea Russell Butler was a very active member of P.E.T. P.A.L.S. in the mid-nineties. In addition to visiting with her dog, Amber, she helped plan events and assisted with temperament evaluations. Andrea donated the memorial plaques for the P.E.T. P.A.L.S. section at the Humane Society in memory of her mother, Carolyn Russell.

Our condolences also go out to P.E.T. P.A.L.S. member Amy Davison on the loss of her dog, Ruger.

PE.T. P.A.L.S. Honored by YMCA

On May 6, 2016, P.E.T. P.A.L.S. was honored at the Black Hawk County YMCA "Growing Together" Annual Benefit Dinner and Auction as the Volunteer of the Year Agency!

This was a really nice recognition to all of our volunteer hours in the Cedar Valley Community.

Congratulations to everyone for all you've done throughout the year, and thank you for making P.E.T. P.A.L.S. such a wonderful organization for the Cedar Valley.



Arlene Prather-O'Kane and Diane Hensley attended the dinner and received the award for the P.E.T. P.A.L.S. Organization.

Welcome to New Members

Jill Fisher and her dog, Sophie
Kathy McCoy and her dog, Huck

Kimber Hayungs and her dog, Emerson
Sandi Roberts, and her dog, Bella



My Pet Is Home Alone

If I become ill or injured, please contact the people on the reverse side of this card to care for my pet.

iHeartDogs.com

☐ Dog(s) ☐ Cat(s) ☐ Rabbit(s) ☐ Bird(s)

☐ Reptile(s) ☐ Other: _____

Please contact the following individuals

Primary Contact:

Name _____ Telephone Number _____

Alternate Contacts:

Name _____ Telephone Number _____

Home Alone Cards

Diane Hensley spotted these Pet Home Alone cards in an email she received. She later contacted the group and it graciously donated 100 cards to P.E.T. P.A.L.S.

These cards allow pet owners to carry information about their pets with them at all times in case of an emergency.

Thank you, "I Love Cats (and Dogs)" and Marshall Morris for your generous donation. These will make a great addition to the items we share at our booths and events.

Spreading the Word about P.E.T. P.A.L.S.

P.E.T. P.A.L.S. volunteers had a busy spring and summer with booths and activities promoting our organization. Informational booths to recruit new members took place at Bark for Life (American Cancer Society), the Cedar Falls Farmer's Market, and the Black Hawk County Fair.

Booths at Sturgis Falls and the Fall Harvest Festival provided opportunities to sell items along with additional chances to recruit new members.

Finally, Reading Pals took place at the Denver and Waverly Libraries along with Cedar Valley Preschool and Child Care Center in Cedar Falls. This was an opportunity for children to practice their fluency and expression as they read to dogs and even a cat.



A young reader shares her book with Thor at the Denver Public Library.

Thank you to the dedicated volunteers who participated. You help make our organization a success!



Taylor Veterinary Pets of the Month: Bette Nee

P.E.T.P.A.L.S. volunteer Bette Nee and her dogs have been named "Pets of the Month" at the Taylor Veterinary Hospital in Cedar Falls, Iowa.

Charlie, Coco, and Cedar are sisters who turned two this past May. They are a mix of Chihuahua and Maltese known as Malchi. They are very affectionate and sweet dogs. They will always be "puppies" because of their size.

They all passed the temperament testing and became card carrying P.E.T. P.A.L.S. (Pets in Education and Therapy; People and Animals in Life, Sharing) therapy animals who now visit patients/residence in local nursing homes, rehab/hospitals, and/or other facilities, as well as UNI destress days each semester for the past few years. They also visit with Bette as volunteers with UnityPoint Hospice going to those who request a visit while in hospice.

Cedar, Charlie, and Coco spend quality time visiting Laura Tull Adams at UnityPoint-Allen Rehab.



Pill Pocket Recipe - Terry Hertges

- 1 tablespoon milk
- 1 tablespoon peanut butter
- 2 tablespoons flour

Mix together and make into pockets. Store covered in the refrigerator.

Visiting Schedule

If you would like to volunteer at a location, please contact the team leader listed below. If a leader is not listed, call P.E.T. P.A.L.S. at (319) 610-7379 and a member will return your call. Remember, you can visit more than one facility.

| Site | Contact | Phone |
|--|-------------------|----------|
| CEDAR FALLS HEALTH CARE CENTER | Mavis Floss | 240-5800 |
| CEDAR VALLEY PRESCHOOL-CHILD CARE | Rita Lynn | 277-4212 |
| COUNTRY VIEW | Jan Thompsen | 234-8396 |
| COVENANT BEHAVIOR HEALTH & REHAB | Terry Hertges | 239-6865 |
| FRIENDSHIP VILLAGE* | For information | 610-7379 |
| HARMONY HOUSE | Sue Lund | 233-3624 |
| LA PORTE CITY NURSING & REHAB* | For information | 610-7379 |
| MANOR CARE | Mavis Floss | 240-5800 |
| NEW ALDAYA LIFESCAPES | Rachelle Yousefi | 277-7418 |
| NEWEL POST (Day Visit) | Steph Knecht | 504-0430 |
| NORTHSTAR COMMUNITY SERVICES | Terry Hertges | 239-6865 |
| NORTHSTAR HEAD INJURY | Cheryl Gulden | 274-9077 |
| NORTHCREST SPECIALTY CARE | Susan Trower | 236-0659 |
| PINNACLE SPECIALTY CARE | Corrina Coverdale | 233-6743 |
| RAVENWOOD HEALTH CARE | Sue Lund | 233-3624 |
| RIDGEWAY PLACE | Sue Lund | 233-3624 |
| ROSEWOOD ESTATES | For information | 610-7379 |
| SARTORI SENIOR BEHAVIOR HEALTH | Terry Hertges | 239-6865 |
| UNITYPOINT-ALLEN HOSPICE (home visits) | Terry Hertges | 239-6865 |
| UNITYPOINT-ALLEN MENTAL HEALTH | Kathy Matthias | 235-7667 |
| WAVERLY HEALTH SERVICES | Bruce Coleman | 352-1315 |
| WESTERN HOME (Stanard Ctr.) | For information | 610-7379 |
| WESTERN HOME (Thalman Square)* | Rita Lynn | 277-4212 |
| YMCA | Deb Baker | 988-9853 |

*More P.E.T. P.A.L. visitors are needed at these locations. Please contact them today to learn how you and your pet can brighten residents' lives.

P.E.T. P.A.L.S.

P.O. Box 373

Cedar Falls, IA 50613

P.E.T. P.A.L.S. Board of Directors Executive Committee

| | | |
|------------------------|-----------------------|----------------|
| Chairperson | Jan Thompsen | (319) 234-8396 |
| Education/Resource | Linda Nebbe | (319) 277-1696 |
| Treasurer | Arlene Prather O'Kane | (319) 268-0417 |
| Secretary | Bette Nee | (401) 327-5365 |
| Records | Diane Hensley | (319) 236-3491 |
| Membership Coordinator | Rachelle Yousefi | (319) 277-7418 |
| Newsletter Editor | Marcy Seible | (319) 230-4565 |
| Public Relations | Sally Wetherell | (319) 266-9733 |
| Evaluation | Mavis Floss | (319) 240-5800 |
| | Becky Carr | |

Additional Board Members: Deb Baker, Terry Hertges, and Sue Lund.